



# SYNDEMICS IN PRIMARY CARE:

The Intersection of HIV, HCV, STIs and Stigma

**Purpose and Description:** This conference is aimed at improving patient outcomes for individuals living with HIV and HCV, and those acquiring STIs. The theme of the conference is "Rural Health." It will consist of three tracks: primary care, psychosocial and faculty development. The conference will address ways to increase provider knowledge, competence, and performance in epidemiology, prevention, screening, diagnosis linkage to care and treatment of these diseases. As embedded components in this continuum of care, the conference also will address the opioid crisis, health disparities, stigma, transgender health issues, rural health issues and tools/resources to improve providers' abilities to disseminate knowledge of these issues to their colleagues.

**Intended/Target Audience:** Physicians, Physician Assistants, Advanced Practice Registered Nurses, Registered Nurses, Licensed Practical Nurses, Nurse Practitioners, Certified Health Education Specialists, Therapists, Case Managers, Social Workers, Dietitians.

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Theme:

Rural Health

Date:

Feb. 7-8, 2019

Location:

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Oklahoma City

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73102-8614

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to get the special rate of \$129

Hosted By:



In Conjunction With:



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### Learning Objectives:

Upon completion of this activity, participants will improve their competence and performance by being able to:

1. Identify the latest statistics, trends, and criteria that are necessary to increase the capacity care in the prevention, screening, diagnosis and treatment of HIV.
2. Identify the latest statistics, trends and criteria that are necessary to increase the capacity for care in the prevention, screening, diagnosis and treatment of HCV.
3. Identify the latest statistics, trends, and criteria that are necessary to increase the capacity for care in the prevention, screening, diagnosis and treatment of STIs.
4. Identify forms of bias and stigma associated with HIV, HCV and STIs to improve care and patient outcomes for individuals who test positive for these infectious disease.

### Conference Planning Committee

Douglas Drevets, M.D., DTM&H, FIDSA - Course Director  
Wendy Newport, M.B.A., M.P.H. - Co-Course Director  
Jill Coleman, M.P.S. - Course Contact  
Tracy Jungwirth, M.A.  
Kenneth Malone, B.B.A.  
Pedro Coronado

### Conference Presenters/Panelists

Douglas Drevets, M.D., DTM&H, FIDSA  
Regents' Professor and Chief, Infectious Diseases  
Clinical Director, Oklahoma SCAETC  
University of Oklahoma HSC

Rebecca Vargas-Jackson, M.D.  
Interim Executive Director, NVAHEC at Mason  
George Mason University

Niyaz Gosmanov, M.D.  
Associate Professor  
University of Oklahoma HSC  
Medical Director, Diabetes Center, OK VA Medical Center

Christine Brennan, Ph.D., RN, NP-BC  
Associate Professor, Researcher, Nurse Practitioner  
Health Policy and Systems Management  
Clinical Director, LSU SCAETC  
Louisiana State University HSC

Tavell Kindall, DNP, APRN, FNP-BC, AAHIVS  
Nurse Practitioner  
Infectious Diseases  
St. Thomas Community Health Center

John Nelson, Ph.D., CNS, CPNP  
Program Director, AETC NCRC  
HIV Specialist Faculty at Rutgers School of Nursing  
Co-Editor of HIVLinks  
Principal Investigator, HRSA Special Project of National Significance Program

Avy Redus, M.S.  
Project Coordinator  
Injury Prevention Service  
Oklahoma State Department of Health

Corie Kaiser, M.S.  
Director, Oklahoma Office of Rural Health  
President, Rural Health Association of Oklahoma  
President, National Organization of State Offices of Rural Health

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## Conference Presenters/Panelists

Michael Ruggerio, B.A., Public Health  
Operations Manager, Service Linkage Team  
Harris County Hospital District

MarkAlain Dery, D.O., M.P.H., FACOI  
Assistant Professor of Clinical Medicine  
Adult Infectious Diseases  
Tulane University School of Medicine  
Clinical Director, Access Health LA SCAETC

Mario Tovar, Ph.D.  
Resident Supervisor for Psychiatry & Lecturer  
Counseling and Guidance at University of Texas  
Residency Faculty Capella University  
Faculty California Coast University

Johnny Stephens, Pharm.D.  
Senior Vice President, COO, Professor  
Oklahoma State University Center for Health Sciences  
Adjunct Associate Professor of Pharmacy  
Southwestern Oklahoma State University  
University of Oklahoma College of Pharmacy

Andrew Moore, M.B.A., LPC  
Clinic Administrator/Ryan White Program Coordinator  
University of Oklahoma HSC  
Executive Director, Freedom of Information Oklahoma  
Founder & Executive Director, Let's Fix This, Inc.

Dora Martinez, M.D., PCMH  
Medical Director  
Valley AIDS Council  
Professor of Family & Community Medicine  
UTHSCSA-RAHC  
Clinical Director, Valley AIDS Council SCAETC

Jose Maria Colon-Uvalles  
Community Organizing Coordinator  
Valley AIDS Council

Anna Kinder, M.S.  
Director, Wyoming AETC and MWAETC  
Washington State University  
Lead HIV Case Manager and Occupational Therapy  
Consultant, Casper Natrona County Health Dept.

Adrian Lawyer  
Co-director & Co-founder of the Transgender Resource  
Center of New Mexico

Michelle Iandiorio, M.D.  
Medical Director of HIV ECHO  
Associate Professor of Medicine  
Infectious Diseases, UNM-HSC-SOM  
Clinical Director, New Mexico SCAETC

Karen Wendel, M.D.  
Director of HIV/STD Prevention and Control  
Denver Public Health

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### **Agenda**

#### **Schedule- Day 1**

7:45 - 8:15 a.m.

***Conference Sign-in and Exhibitor Viewing***

**Location: Foyer**

8:15 - 8:30 a.m.

***Welcome and Housekeeping***

**Location: 18<sup>th</sup> and 19<sup>th</sup> Century**

**Breakfast served at 8:20 a.m.**

8:30 - 9:30 a.m.

***Morning Plenary: Rural Health Trends and Resources***

**Speaker: Corie Kaiser, M.S.**

**Moderators: Wendy Newport and Jill Coleman**

**Location: 18th and 19th Century**

This plenary will discuss rural health trends in Oklahoma and nationally. It will provide an overview of resources available in the area of rural health.

9:30 - 10:30 a.m.

#### **Session 1 (Concurrent Sessions)**

**1A- Primary Care Provider Track:**

***Introduction to HIV***

**Speaker: Douglas Drevets, M.D., DTM&H, FIDSA**

**Moderator: Ken Malone**

**Location: 18<sup>th</sup> and 19<sup>th</sup> Century**

This session will review the current epidemiology of HIV/AIDS, discuss primary HIV infection, review the effect of anti-retroviral therapy (ART) in prolonging life, discuss the aging demographics of people with HIV/AIDS and review the recommendations for screening.

**1B- Psychosocial Track:**

***Stigma, "The Social Opportunistic Disease" that Increases Morbidity and Mortality Rates***

**Speaker: Rebecca Vargas-Jackson, M.D.**

**Moderator: Peter Coronado**

**Location: 20<sup>th</sup> Century**

This session will identify the ways in which stigma creates barriers to accessing HIV prevention, testing and treatment services, consequently putting lives at risk. The

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combination of stigma, providers' implicit bias and health literacy, "the perfect recipe for failure," will be examined.

**1C-** Faculty Development Track:

***Transgender Medicine: Diagnosis and Treatment Options***

**Speaker:** Niyaz Gosmanov, M.D.

**Moderator:** Tracy Jungwirth

**Location:** Kiamichi

This session will review transgender prevalence, challenges of diagnosis, decision-making regarding therapy initiation and a brief outline of medical treatment options.

10:30 – 11 a.m.

***Break and Exhibitor Viewing***

**Location:** Foyer

11a.m. - Noon

**2A-** Primary Care Provider Track:

**Session 2 (Concurrent Sessions)**

***Transgender Medicine: Diagnosis and Treatment Options***

**Speaker:** Niyaz Gosmanov, M.D.

**Moderator:** Peter Coronado

**Location:** Green Country

This session will review transgender prevalence, challenges of diagnosis, decision-making regarding therapy initiation and a brief outline of medical treatment options.

**2B-** Psychosocial Track:

***Minority HIV/HCV Issues***

**Speakers:** Christine Brennan, Ph.D., R.N., N.P.-B.C. and Tavell Kindall, D.N.P., A.P.R.N., F.N.P.-B.C., A.A. HIV S.

**Moderator:** Tracy Jungwirth

**Location:** 20<sup>th</sup> Century

This session will discuss the impact of HIV and HCV on the African American population and how that differs from other groups. It will also identify potential influences that effect the impact of HIV and HCV on the AA community, describe strategies to assure effective means to decrease transmission, improve screening, and review retention in care to improve viral load suppression for African Americans who are living with HIV/AIDS.

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2C- Faculty Development Track:

### ***HIV Linkage to Care for the New and Out-of-Care Patient***

**Speaker:** Michael Ruggerio, B.A.

**Moderator:** Ken Malone

**Location:** Kiamichi

This session will identify and address non-medical barriers to care and ways to utilize outside resources to enhance linkage programs for HIV positive individuals.

Noon - 1:30 p.m.

### ***Afternoon Plenary: Telehealth in Rural Settings Panel***

**Speakers:** Douglas Drevets, M.D. , DTM&H, FIDSA;

Michelle Iandiorio, M.D.; Johnny Stephens,

Pharm.D.; John Nelson, Ph.D., CNS, CPNP

**Moderators:** Wendy Newport and Jill Coleman

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

This plenary will introduce each panelist, providing a short vignette of their experiences/expertise in dealing with telehealth in rural settings, especially in regard to the AETCs and ECHO Project.

1:30 - 2:30 p.m.

### **Session 3 (Concurrent Sessions)**

3A- Primary Care Provider Track:

### ***HCV 101***

**Speaker:** Dora Martinez, M.D.

**Moderator:** Peter Coronado

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

This session will review the incidence and prevalence of HCV in the United States, with a focus on high-risk populations, identify major points in implementation of preventive screening, key tests involved in screening and evaluation of HCV treatment options, and discuss care coordination to address barriers faced in underserved populations such as substance abuse, social stigmas, risk factors, access to medication and health literacy.

3B- Psychosocial Track:

### ***Defining and Working with Hard to Reach Populations***

**Speaker:** MarkAlain Dery, D.O., M.P.H., FACOI

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**Moderator: Ken Malone**

**Location: 20<sup>th</sup> Century**

This session will define the term “hard to reach”, as well as discuss approaches for working effectively within this population.

**3C- Faculty Development Track:**

***Audience Engagement Strategies***

**Speaker: Michelle Iandiorio, M.D.**

**Moderator: Tracy Jungwirth**

**Location: Kiamichi**

This session will discuss and demonstrate ways to improve presentations and increase audience participation.

2:30 – 3 p.m.

***Break and Exhibitor Viewing***

**Location: Foyer**

3 – 4 p.m.

**Session 4 (Concurrent Sessions)**

**4A- Primary Care Provider Track:**

***STI Update***

**Speaker: Karen Wendel, M.D.**

**Moderator: Peter Coronado**

**Location: 18<sup>th</sup> and 19<sup>th</sup> Century**

This session will review major national and local STI epidemiologic trends, current screening recommendations, clinical presentation, diagnostics, treatment of common STIs, expedited partner therapy, and discuss emerging issues in STI care, such as vaccination, mycoplasma and emerging pathogens.

**4B- Psychosocial Track:**

***HIV Linkage to Care for the New and Out-of-Care Patient***

**Speaker: Michael Ruggerio, B.A.**

**Moderator: Ken Malone**

**Location: 20<sup>th</sup> Century**

This session will identify and address non-medical barriers to care and ways to utilize outside resources to enhance linkage programs for HIV positive individuals.



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4C- Faculty Development Track:

### ***AETC NCRC Resources***

**Speaker:** John Nelson, Ph.D., CNS, CPNP

**Moderator:** Tracy Jungwirth

**Location:** Kiamichi

This session will provide a review of current resources available on the AETC NCRC website and by mail that address HIV-related training, clinical care and self-directed learning. Additionally, the products developed by the AETC Rural Health Committee to address HIV in rural communities across the United States and its territories will be discussed.

### **Schedule- Day 2**

8:30 – 10 a.m.

### ***Breakfast Plenary: Opioid Overdose Prevention Strategies in Oklahoma***

**Speaker:** Avy Redus, M.S.

**Moderators:** Wendy Newport and Jill Coleman

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

This plenary will discuss the opioid problem in Oklahoma; identify proper ways to store and dispose of prescription medications; review state and local strategies to prevent and reduce opioid overdose and discuss the Oklahoma Opioid Prescribing Guidelines and supplemental materials.

10 – 11 a.m.

### **Session 5 (Concurrent Sessions)**

5A- Primary Care Provider Track:

### ***HIV, HCV, and STIs Case Studies***

**Speakers:** Karen Wendel, M.D.; Douglas Drevets, M.D., DTM&H; FIDSA; Michelle Iandiorio, M.D.

**Moderator:** Tracy Jungwirth

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

The speakers will present cases dealing with a variety of medical issues involved in HIV, HCV and STIs from a broad range of patients.



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**5B-** Psychosocial Track:

***A Clinician's Guide to Micro-Aggressions***

**Speaker:** Mario Tovar, Ph.D.

**Moderator:** Peter Coronado

**Location:** 20<sup>th</sup> Century

This session allows participants to work on skills via clinical case studies to observe instances where clinical treatment and personal bias intersect. It will help participants identify personal biases in an effort to improve treatment and outcomes.

**5C-** Faculty Development Track:

***From Exposure to Viral Suppression, Rural Versus Urban HIV Care Differences in the United States***

**Speaker:** John Nelson, Ph.D., CNS, CPNP

**Moderator:** Ken Malone

**Location:** Kiamichi

This session will provide an overview of gaps in rural HIV care continuum outcomes of rural persons living with HIV (PLWH) compared to urban PLWH. It will also discuss barriers to care for persons specifically living in rural areas of the United States and its territories.

11 - 11:15 a.m.

***Break and Exhibit Viewing***

**Location:** Foyer

11:15 - 12:15 p.m.

**Session 6 (Concurrent Sessions)**

**6A-** Primary Care Provider Track:

***HIV, HCV, and STIs Case Studies***

**Speakers:** Karen Wendel, M.D.; Douglas Drevets, M.D., DTM&H; FIDSA; Michelle Iandiorio, M.D.

**Moderator:** Ken Malone

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

The speakers will present cases dealing with a variety of medical issues involved in HIV, HCV and STIs from a broad range of patients.

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**6B-** Psychosocial Track:

***Do No Harm: Ethical Conduct in HIV Care Delivery***

**Speaker:** Andrew Moore, M.B.A., LPC

**Moderator:** Peter Coronado

**Location:** 20<sup>th</sup> Century

In this session, participants will become familiar with common ethical pitfalls care providers may encounter in HIV care delivery; learn legal implications of ethics violations related to the HIV community and understand how to mitigate risk and avoid ethical issues when working with PLWH.

**6C-** Faculty Development Track:

***A Clinician's Guide to Micro-Aggressions***

**Speaker:** Mario Tovar, Ph.D.

**Moderator:** Tracy Jungwirth

**Location:** Kiamichi

This session allows participants to work on skills via clinical case studies to observe instances where clinical treatment and personal bias intersect. It will help participants identify personal biases in an effort to improve treatment and outcomes.

12:15 -1:15 p.m.

***Lunchbox Pickup and Exhibit Viewing***

**Location:** Foyer

1:15 - 2:15 p.m.

**Session 7 (Concurrent Sessions)**

**7A-** Primary Care Provider Track:

***The Great Imitator Is Back, No Need to "Clap": What you need to know about the new syphilis and gonorrhea epidemics***

**Speaker:** Karen Wendel, M.D.

**Moderator:** Ken Malone

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

This session will review the epidemiology of gonorrhea and syphilis in men/women/congenital, as well as issues with antimicrobial resistance in gonorrhea and ocular/neuro syphilis and congenital syphilis. It will also discuss testing, manifestations, treatment and prevention.

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**7B-** Psychosocial Track:

### ***Drag Out HIV***

**Speaker:** Jose Maria Colon-Uvalles

**Moderator:** Peter Coronado

**Location:** 20<sup>th</sup> Century

This session will identify and describe barriers to HIV testing and care for MSM of color, discuss the impact and legacy of Drag Queens and Drag Culture and activism and recognize Drag Queens as opinion leaders in low-income communities of color who are at high risk for acquiring HIV.

**7C-** Faculty Development Track:

### ***Do No Harm: Ethical Conduct in HIV Care Delivery***

**Speaker:** Andrew Moore, M.B.A., LPC

**Moderator:** Tracy Jungwirth

**Location:** Kiamichi

In this session, participants will become familiar with common ethical pitfalls care providers may encounter in HIV care delivery; learn legal implications of ethics violations related to the HIV community and understand how to mitigate risk and avoid ethical issues when working with PLWH.

2:15 - 2:30 p.m.

### ***Break and Exhibit Viewing***

**Location:** Foyer

2:30 - 3:30 p.m.

## **Session 8 (Concurrent Sessions)**

**8A-** Primary Care Provider Track:

### ***HIV Prevention***

**Speaker:** Michelle Iandiorio, M.D.

**Moderator:** Peter Coronado

**Location:** 18<sup>th</sup> and 19<sup>th</sup> Century

This session presentation will review HIV prevention strategies, including biomedical strategies, such as pre-exposure prophylaxis (PrEP) and post exposure prophylaxis (PEP).

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### **8B-** Psychosocial Track:

#### ***Transgender 101***

**Speaker:** Adrian Lawyer

**Moderator:** Tracy Jungwirth

**Location:** 20<sup>th</sup> Century

Transgender 101 is an exploration of terminology, etiquette, history and data pertaining to transgender people. We will break down the difference between sex, gender, gender expression and sexual orientation. The session will also examine gender norms and expectations from a cultural standpoint.

### **8C-** Faculty Development Track:

#### ***Lessons Learned in Practice***

***Transformation: FQHCs vs Ryan White***

**Speaker:** Anna Kinder, M.S.

**Moderator:** Ken Malone

**Location:** Kiamichi

This session will discuss lessons that have been learned in the last three years of the AETC PT project in the Mountain West region; characteristics, structure, use of data and the beginning of improved measures along the Care Continuum; the challenges with rural versus urban areas and the criteria that limits our region. We will also review the successful use of the Rainbow chart and how to help clinics see progress.

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### **Accommodation Statement:**

Accommodations are available by contacting Jill Coleman at (405) 271-8001, ext. 38346, or [jill-coleman@ouhsc.edu](mailto:jill-coleman@ouhsc.edu) as soon as possible.

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CME #19005  
February 7-8, 2019

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For questions or more information, contact Susie Dealy: [susie-dealy@ouhsc.edu](mailto:susie-dealy@ouhsc.edu) or (405) 271-2350